

COVID-19 SAFETY PROTOCOL FOR IDNIYRA EUROPE EVENTS

Aim and Scope

This document aims to provide guidance on the best ways to facilitate the safe organization of sporting events organized and supervised by IDNIYRA EUROPE, in particular:

- Taking effective precautionary measures to protect the health of sailors, spectators, employees and support staff by reducing the risk of transmission of the COVID-19 virus during the sports events; arrival, hotel stay, transportation, check-in, training and races.
- Guide all event managers and other support personnel on managing an event.

This document is developed in line with COVID-19 public health measures, including protocols and best practices. The included measures and restrictions here within may change, when the relevant authorities implement additional measures and restrictions during the various stages of the pandemic. Therefore, it's the responsibility of the Organizing Committee (OC) of the event to monitor and implement the relevant measures when applicable accordingly.

Compliance with these guidelines is mandatory for all events organized and supervised by IDNIYRA EUROPE and recommended for all other ice-sailing events.

Covid-19 Vaccination and Testing

All participants and members of the support team should have either the proof of completed full dose vaccination as per their home country approved COVID-19 vaccines with the last dose received at least 14 days before the event and not more than 9 months from the vaccination completion or have the evidence of previous COVID-19 infection no later than 9 months before the start of the event.

All participants and members of the support team shall strictly follow all local regulations of the Host Nation's Government as well as comply with all requirements of the local accommodation facilities.

The OC does not require additional testing at arrival to the event.

Precautions During the Event and Training

All participants should wear face masks all the time while at the activity venue (except when training and competing)

Organizing meetings are strongly recommended to be conducted online. If physical meetings are deemed inevitable, they should be done preferably in outdoor settings maintaining a safe distance of 1.5 meter and masks for all participants during the entire meeting period.

Social gatherings are strictly prohibited during the event except if prearranged by the OC within a strict bubble arrangement exclusively.

Team staff and volunteer leads should ensure that their teams and volunteers are briefed on the protocols for suspected and confirmed patients, on infection prevention and control measures and on where to find or seek more information.

Sanitizers should be made available throughout the venues and should be used frequently.

Each event organizing team should have a non-contact thermometer (e.g. infrared) to screen staff, participants and delegates temperatures on arrival to venues.

The Organizing Committee (OC) staff at various venues should check competitors' temperatures each day and any temperatures above 38.0 should be reported to the health authority.

Anyone due to attend the event who is feeling ill should not come to any venues.

Once the participants reach the venue, intermingling with other people should be avoided.

Participants are advised, while talking to the other sailors, staff, or event organizers to maintain a distance of 1.5 meter.

Participants need to guarantee a physical distance of 1.5 meters preventing face to face positioning and avoiding handshaking, hugs, kissing, and general person-to-person contact. People shouldn't be seated next to each other without the required safe distancing at any time anywhere during the event.

Follow sneezing and coughing etiquette and the recommendations for hand sanitizing when touching elevator buttons, doorknobs, handrails, meeting room's chairs, tables and other common surfaces.

Sailors and participants should use their own drinking bottles and not share with others.

All participants must wash and sanitize their hands thoroughly frequently and wear face masks before entering any room or area.

Delegates should not share any items such as pens, documents, etc. (Please come to the check-in with your own pens or pre-filled/signed forms.)

All sailors are required to fill and to sign the questionnaire below during the check-in and hand it over to the OC.

The OC may limit the number of people at the same time in the same indoor place.

If background music is provided within a venue, the volume should be kept to a minimum in order to facilitate conversations between vendors and attendees. Loud music may increase the need for participants to lean in closer to each other or raise their voices.

Support Package

The OC may provide individual COVID-19 prevention packages for the organizing team and sailors, containing:

- Small personal packages of disposable tissues and plastic bags for tissue disposal.
- Medical/cloth mask to wear.
- Small packages of alcohol-based hand wipes or hand sanitizer.

Education and Awareness

Post signs in highly visible locations (e.g., entrances, restrooms) that promote everyday protective measures and describe how to stop the spread of germs and viruses (such as by properly washing hands and properly wearing a face covering and keeping safe distance, etc.) Signs should include visual cues such as clear, easy-to-understand pictures demonstrating the healthy behaviours at the appropriate reading and literacy level.

Consider making announcements during the event about safety measures and protocols.

Develop and make available risk communication on:

- The importance of COVID preventive measures, and what they are.
- Good hygiene signage across all venues, changing rooms, training facilities, etc.
- Information to keep themselves and others safe from COVID-19 transmission.
- Awareness of clinical features of COVID-19 and preventive measures, especially respiratory etiquette and hand-hygiene practices.
- The criteria for asking individuals with symptoms to leave the venue or retreat to a designated area.
- Information on minimum 1.5m physical distancing and the use of face coverings and medical masks.
- The meaning and practical implications of quarantine, self-isolation and self-monitoring in the context of the event, e.g., not attending.

QUESTIONNAIRE REGARDING CORONAVIRUS INFECTION

Name: Date of Birth:

Phone Number: Address:

Are the following statements correct for you?

| | | Yes | No |
|---|--|-----|----|
| 1 | Have you ever had a fever in the past 2 weeks? | | |
| 2 | Have you had any cough or other respiratory problems / symptoms in the past 2 weeks? | | |
| 3 | Have you experienced weakness, limb pain or other flu-like symptoms in the past 2 weeks? | | |
| 4 | Do you live in a household with a patient infected with coronavirus? | | |
| 5 | Has there been a close relationship with a suspected or confirmed person infected with coronavirus or someone who has had contact with an infected person in the past 14 days? | | |

Do you currently have the following symptoms?

| | Symptoms | Yes | No |
|---|---|-----|----|
| 1 | Sudden onset of acute respiratory disease | | |
| 2 | Fever 38.0 °C or higher? | | |
| 3 | Dry cough | | |
| 4 | Tiredness (significant) | | |
| 5 | Severe shortness of breath | | |
| 6 | Joint and muscle pain (as flu-like symptom) | | |
| 7 | Chills | | |

If the answer to any of the above questions is "Yes" the OC may restrict the sailor to participate in the event.

I am aware of my criminal liability and hereby declare that the above information is true.

Date: Signature